

Apan adhikār aur jimwāri ke jāno: Seks aur manjūri



Hamlong ke sab ke pās seksual hak aur jimwāri he aur hamlong mangta he surakchit, izatwala aur ek swast rista. Hamlong ke sab ke pās i adhikār he faisla le ke ki kab, kaha aur kon stithi me aur kis ke sathe hamlong mangta he seksual hoe. Agar āp sochta he ki āp taiyār he koi ke sathe seksual rista me hoe ke, to i jarūri he ki āp jano Astrelia ke kanūn jon seks aur manzuri pe he.

SHARANSH ME

- koi bhi seksual kām bina manzuri ke kanūn ke khilaf he.
- I bahut jarūri he ki jitna jan शामिल he sab apan manzuri de koi bhi seksual kām me शामिल hoe se pahile.
- seksual asaōlt ek bahut sangīn aprād he. Agar āp pe seksual asaōlt bhae he, to āp ke adhikār he maddat le ke. Āp pulīs ke 000 pe sakta he kol kare ya ek kaunsala se bāt kare 1800 pe kol kar ke ya 1800 737732 RESPECT pe kol kar ke.

Seksual ekṭ konchi he?

Kanūn ke niche 'seks' ke matlab he sab rakam ke seks ke kām aur seksual chūna chāna, jis me kising, mastabaishan aur oral seks bhi he. Koi bhi seksual kām me शामिल hoe se pahile, sab koi jon शामिल he mango apan manzuri de do, jis ke matlab he ki sab koi hos me apan raza-mandi dis he. I kafi nai he i bole ke ki mazuri mila raha kahes ki koi na nai bolis ya rukawaṭ nai karis.

Manzuri konchi he?



Manzuri de ke matlab he āp razi he. Seksual konsentṭ ke matlab he ki **insānlong pura hōs hawās** me aur **manzuri de ke kanūni umar**, ke he, apne āp bina koi dabao me razi hoe he seksual kām me शामिल hoe ke.

Manzuri ke puche ke ashan matlab he ki pucho "Ap seks mangta kare?" Dusra insān sake he jawāb me "ha" ya "na" bole sake he. Duno āp aur āp ke pāṭna seks kare ke khatin mango shamat raho – sab taem – mango raziwala raho, koi bāt nai ki āp ek rista me he u dusra insān ke sathe.

Āp ya āp ke pāṭna manzuri nai de sake he agar āp ke manzuri de ke shakti kamti hoege he ya uspe asar hoege he. Āgar koi bihōs ya koi rakam se bole-bale nai he, ya uske faisla banae me shakti nai he dāru pīe ke karan ya drag le ke karan, to ulong manzuri nai sake de. Agar āp ke pāṭna āp ke jabarjasti seks kare ke dabao kare, to i ek sanket he ki āp ek kharab aur bina surakcha rista me he. Koi ke seks kare ke jabarjasti kare ke gaer kanūni he aur uske karan sake jail hoe jāe. Fekṭ shīt Know your rights and responsibilities: domestic and family violence ke dekho aur sikhe ke khatin ek accha rista, seksual hinsa aur kanūn ke bare me.

Ek insān ke 'kognīṭiv ḍisabiliṭi' he to uske matlab he koi medikal kondishan jaise ki dimag pe chōṭ ya bhule ke bimāri ya koi ḍisabiliṭi jon uske socche ke shakti pe, karan soche pe ya yād pe asar kare he. Astrelia ke dher sṭait me ek insān jis ke kognīṭiv ḍisabiliṭi he uske konsensual seks ke ek ām insān ke hi rakam adhikār he. Lekin ek kognīṭiv ḍisabiliṭi insān ke khatin manzuri dena aur jaṭil hoe sake he, jaise ki, ulong ke bāt chit kare ke kaṭhnai hoi ya apan hak seks ke nai bole ke samjh ke. Āp ek insān jiske kognīṭiv ḍisabiliṭi he uske sathe seks nai sakta he kare agar u manzuri nai de pae he.

Source: reachout.com.au

Seksual kām bina manzuri ke kanūn ke khilaf he!



Aṣṭrelia me i kanūn ke khilaf he ki bina ek insān ke manzuri ke ya bina uske manzuri nai de pe, uske sathe seksual kām chahe u chumna ya chūna hoe mana he. Is ke seksual asaōlt bola jae he aur i ek jurm he.



Koi ek insān ke nanga fōto ya seksual fōto bina uske manzuri ya ijazat ke bina bāte to u bhi kanūn ke khilaf he aur iske pulīs me ripōt kara jāe sake. Āp aur jānkari [eSaifti Komishna websāit](#) pe pāe sakta he.



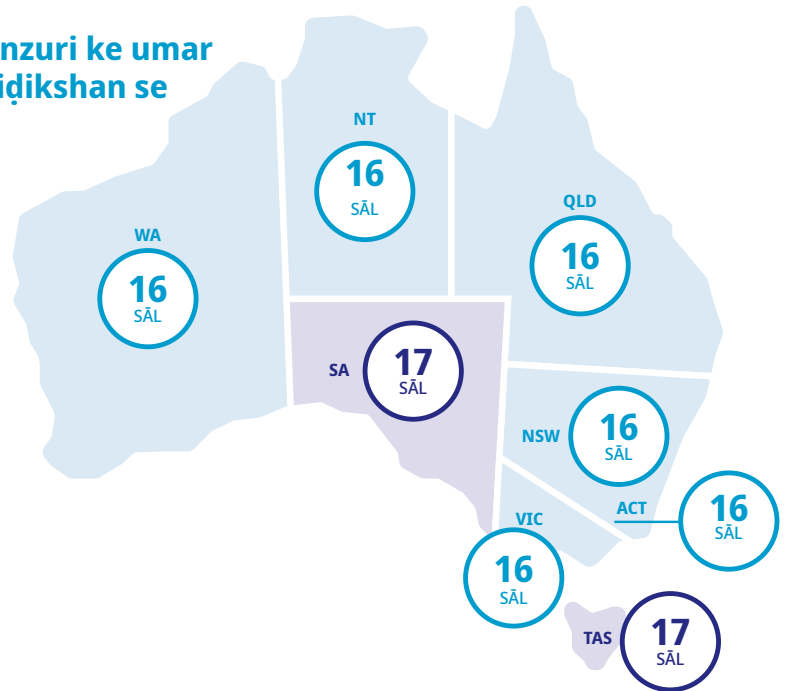
Āp ke dheyan rakhe ke paḍi ki āp ke pāṭna **manzuri de ke kanūni umar** se uppar he. Aṣṭrelia ke kanūn ke anasar, ek baccha ke pās manzuri de ke faisla banae ke shakti nai he. Is ke matlab he koi bhi insān jon manzuri de ke kanūni umar se niche he uske sathe seksual kām ek jurm he.

Manzuri de ke kanūni umar kitna he?

Agar koi insān ek dusra insān jon **seks ke manzuri de ke kanūni umar** ke niche he uske sathe seksual kām kare he to is ke chaelḍ abīuz mana jai jon ek jurm he. Kafi Aṣṭrelia ke ṣṭaiṭs aur ṭeritārīz me manzuri de ke kanūni umar 16 sāl he aur Ṭesmania aur South Aṣṭrelia me 17 sāl he.

Āp ke pura yakin kare ke paḍi ki āp ke pāṭna **manzuri de ke kanūni umar** ke uppar he. Āp sab taem nai sakta he batae ek insān ke umar kitna he uske khali dekh ke. Sab se sukrakchit he ki āp umar puch lo aur agar fir bhi thik nai lage to umar ke sabut mango.

Manzuri ke umar jurīdikshan se



Konchi hoe he agar koi i kanūn ke tūḍe he?

Agar koi ke i kanūn seks aur manzuri ke tūḍe ke gunahgār pawa jāe he to uske ek kriminal ofens ke gunahgār ghosit kara jai. Kriminal ofens ke karan sake he fain ya jail ke ḍanḍ mile aur uske karan āp ke Aṣṭrelia me rahe pe asar sake paḍe. Ek insān jon ek baccha ke khilaf seksual ofens ke dosi pawa gae he uske Chaelḍ Protekshan Ofenḍā Rejistā me rakha jāe sake he.

Seksual asāolṭ ek kriminal ekṭ he aur pulīs ke ripōṭ sake kara jāe jis se upyukt kriminal kauḍ ke niche karwāi hoe sake, chahe u kahi bhi hoe – koi sousal karikaram pe, ghar pe, ya kām pe.



000 Kaha maddat lo ya koi se bāt karo

Agar āp ke sath seksual asaulṭ bhae he aur āp mangta he shikāyat kare, āp ke chahi he pulīs ke hali se hali sampark karo. Agar āp surakchit nai he ya to ek emejensi he to 000 pe kol karo. Āp sewaṭ seksual sapoṭ sebis se bhi le sakta he, jaise ki 1800RESPECT 1800 737 732 pe.

Koi PALM skim me se hame sake maddat kare?

Ek nawa desh me accha se jindagi saware me kafi kathinai sake rahe lekin āp ke maddat ke khatin sapoṭ aur subhidha uplabd he. Agar Aṣṭrelia me jindagi saware ke kahtin āp ke pās koi sawal he to āp apan bos se sakta puche. Agar u sawal ke jawab nai jane he, u sake āp ke batae kis se bāt karo, jis me samil he PALM skim sapoṭ ke aur sewa jaise:



Kanṭri lāishan ofisa (CLO) ya laiba aṭechis

Āp sab wartamān CLO koṭeṭṭ ke bare me PALM websait (<https://www.palmscheme.gov.au/contact>) pe sakta pae.



PALM skim sapoṭ sewa lain (1800 51 51 31) pe ya imail (palm@dewr.gov.au)

Plis dheyan rakhna ki sapoṭ sewa lain aur imail inboks 8:30 am – 6.30 pm AEST pe nigrani rahe he – i samae ke bād ke kol khali bahut jaruri kām ke khatin mango raho



Kaise sakta he ham gupt profesnal maddat le?

Agar āp ya koi jis ke āp janta he jab Aṣṭrelia me he u seks, manzuri, seksual asāolṭ aur sewa jon āp ke swast aur rahan sahan ke bare me jane mange he to niche taibal me āp i kī referal sewa sanstha ke konṭekṭ sakta he kare. I sansthalong āp ke maddat kare sake he ya āp ke sahi disha me kare sake he jaha āp ke u sewa mili jon āp ke jarurat ke he ya āp ke pahuch tak he

AṢṬRELIA ME JARURI REFERAL AUR SAPOTṬ SEWA

SEBIS	I KONCHI KARE HE?	KONṬEKṬ KE JĀNKARI
Imenjensi sebisas	Tīn zīro (000) Aṣṭrelia ke main imenjensi sewa ke namba he. Āp mango 000 pe kol karo agar āp ke pulīs, fāya brigaiḍ ya embulans sewa ke awashak maddat ke jaruri he .	 Faun: 000 Desh bhar me, 24/7
Sthanie pulīs ya embulans sevis	Agar koi stithi awashak nai he, to āp apan sthanie pulīs, faya brigaiḍ ya embulans sewa ke namba mango khojo.	 Apan sthanie pulīs ṣṭaishan ke khoje ke khatin, sech 'Fainḍ mae local plīs ṣṭaishan in [apan aria]
Helth daereṭṭ	Agar āp aur jānkari seks, manzuri, seksual asāolṭ pe mangta he (jaise kaise swast ke khojo aur pāo, kaunseling aur kanūni sewa), Helth Daereṭṭ pe jāo. Āp ulong ke sevis fainda ke istamal kar ke apan nazdik maddat khoje sakta he.	 Kol: 1800 022 222 Desh bhar me, 24/7  Web: https://www.healthdirect.gov.au/sexual-assault-and-rape
1800Respekt	Agar āp ke koi profesnal kaunsela se seks, seksual asāolṭ ya gharelu hinsa ke bare me bāt kare ke jarūri he, to i sanstha ek surakchit muft ke sapotṬ sevis lāin pradan kare he. Āp ulong ke websāiṭ pe jae ke aur sewa khoje sakta he āp ke maddat ke khatin aur accha aur khusi rista ke bare me.	 Faun: 1800 737 732 Desh bhar me, 24/7  Web: https://www.1800respect.org.au/

AṢṬRELIA ME JARURI REFERAL AUR SAPOT SEWA		
SEBIS	I KONCHI KARE HE?	KONṬEKṬ KE JĀNKARI
Rich āuṭ	Agar āp aur jānkari saif seks, manzuri aur inṭimat fōṭo ke baṭe ke hani ke bare me jane mangta he, to i sanstha ke pās jānkari he, ek pīa-sapōṭ program aur referral ṭuls he jawan log ke maddat ke khatin.	 Onlāin jānkari aur pīa sapōṭ Desh bhar me, 24/7 Web: https://au.reachout.com/relationships
Aṣṭrelia me manzuri de ke umar	Agar āp Aṣṭrelia me manzuri ke umar ke bare me aur jane mangta he, to i pablikaishan jānkari aur ek ek ṣṭaiṭ aur ṭeritāri ke link de he.	 Pablikaishan: Websaiṭ pe jāo, https://aifs.gov.au/resources/resource-sheets/age-consent-laws-australia#
iSaifṭi Komishna	iSaifṭi Aṣṭrelians ke gambhīr onlāin abīuz ya gaer kanūni onlāin konṭenṭ ke roke ke aur usse taklif se bache me maddat kare he. Ulong ke onlāin websaiṭ pe kaise fōṭo se abīus ke ripōṭ karo, onlāin se chiz haṭao, pulīs ke ripōṭ karo sab khojo.	 Websaiṭ pe jāo, https://www.esafety.gov.au/young-people/consent-sharing-photos-videos  Fekṭ shīṭ: kaise taklif ke ripōṭ karo: https://www.esafety.gov.au/report

Jab ki i maṭrial ke banae me sab dheyan rakha gae he, PALM skim, uske karamcharilong, volanṭias ya paṭnas koi jimwāri nai le he i fektshīṭ ke jānkari me koi galti, chūṭ, bhul ke samband me jis ke karan koi insān ke koi hāni ya demaj hoe he i fektshīṭ ke jānkari ke upar nirbhar rakhe ke karan. I fektshīṭ me dewal jānkari ke banawa gae he khali ām jankari ke khatin. Is ke irada nai he koi bhi kanūni ya profesnal salha ke jagha le ke. PALM skim ya uske paṭnas koi bhi jimwāri nai le he koi bhi jān ya anjān naticha jon i fektshīṭ ke jānkari ke upar nirbhar rakhe ke nikla he.

