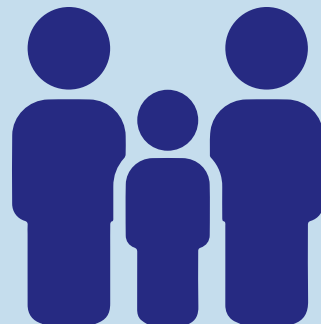


Save long ol rait na responsibility: paitim ol lain long haus bilong yu



Yumi olgeta i gat ol rait na responsibility na yumi laikim long stap sef, gat respect na kipim gutpela ol relationship. Yumi olgeta i gat rait long abrisim pait, osem kros long famili na wantaim ol lain long haus bilong yumi. Long Australia, pait long ol lain long haus na femili em i no stret na i gat ol lo long lukautim husat ol bai pait na kros i kisim ol.

SUMMARY

- Yumi olgeta i gat rait long stap sef, gat gutpela health na respect long ol lain bilong yumi.
- Domestic na family violence em wanem pasin long pait, threaten o controllim ol lain, na ol dispela em brukim lo na inap kisim yu go stap long kalabus.
- Sapos yu bin gat domestic o family violence bai yu inap toktok wantaim ol polis o wantaim counsellor long fone 1800 7370732. Sapos yu no pilim sef or em wanpela emergency ringim 000.

Wanem samting em domestic na femili violence?

Domestic na femili violence em wanem kain pasin long pait, long threatenim o controllim yu. Ol dispela em brukim lo we husat i mekim bai inap go kalabus. Planti taim, pait long haus o long ol femili i save kamap namel long femili o long haus, tasol em tu inap long wantaim wanpela ol lain femili o poroman i no stap long haus wantaim yu. Sampela moa toksave long ol sampela kain ol domestic na femili kros na pait i stap long Pes 2.

Husat tru bai domestic na femili violence inap bagarapim ol?

Domestic na femili violence em inap kamap long olgeta manmeri long wanem kain sindaun. Em i no olgeta taim ol man na meri bilong en, o man o meri i prenim narapela, em inap kamap long poroman, pokinini, ol narapela lain long femili na ol pren tu. Em inap namel long ol lain pren long taim bipo o long taim nau, wankain long yupela stap wantaim o pren tasol, long haus o long ausait tu.

DOMESTIC NA FEMILI VIOLENCE EM OLSEM, TASOL I NO EM TASOL:



PAITIM MANMERI O TOKNOGUT TU

Wanem samting yu wokim i save bagarapim ol manmeri o property, olsem toknogutim em, paitim, slapim, kikim, subim, holim nek, tromweim o pait long diwai o naip tu



PAITIM LONG SEX

Olgeta kain samting long sex we ol no laikim olsem holim pas, kaikai maus, slip wantaim, toknogut, wokim tok-pilai o no laik putim condom samting o yu slip wantaim manmeri i yangpela tumas.



CONTROLLING BEHAVIOUR

Taim yu wokim kain pasin olsem bihainim ol, pasim ol long stap wantaim femili o pren, sekim ol i stap we, ridim ol text message bilong ol, stopim ol long yusim fone o pasim moni bilong ol tu.



TOK NOGUT

Olgeta tok nogut yu mekim olsem long bagarapim o pretim narapela olsem kolim nem-nogut na tok bai paitim ol long ai bilong ol manmeri o stret long wanpela tu.



BAGARAPIM PIKININI

Taim yu mekim pasin nogut long ol pikinini olsem paitim o holim pas ol, no lukautim ol gut, tok-krosim o mekim ol wari tumas long wanpela pikinini (we em ananit long yia inap tokorait long ol samting).



BAGARAPIM TINGTING

Wanem taim yu traim pasim, bosim, krosim o bagarapim, olsem mekim narapela tingting tumas, ting olsem ol no inap long stap orait, o mekim ol tingting long kilim indai ol yet.



PASIM MONI

Wanem taim yu pasim, controlim o rausim moni long hand bilong husat we ol i no tok orait long en o yu stopim ol long wok tu.



YUSIM FONE O KOMPUTA

Long kisim piksa na soim ol narapela taim nogat tokorait, toknogut o kolim ol planti taim tru, yusim giaman akaun long email long mekim sem o bagarapim nem bilong ol manmeri.



BAGARAPIM OL LONG PIKSA

Taim husat i save soim, o tok olsem bai soim, ol piksa bilong yu stret long narapela we yu no tok orait long dispela – em yu brukim lo.



BAGARAPIM SPIRIT/ KALTUR BILONG OL

Long yusim pasin lotu o kastam long ples long oraitim kain samting olsem toknogutim, rabisim kastam bilong narapela o stopim manmeri long go lotu, o go long ples o lukim femili biong ol, em yu bagarapim ol long soirit na kastam.

Paitim ol manmeri na lo

Ol gavman bilong Australia long Commonwealth, stet na territory ol stat wok long stopim pait na kamapim ol lo long kisim ol manmeri i pait bai go long kot, na lukautim ol lain ol kisim pait long haus bilong ol.

I nogat tru wanpela taim ol i tok olsem paitim narpela em orait, long taim tu wanpela i pilim ol manmeri i rongim em. Wokim pait long narapela manmeri oltaim em brukim lo long Australia na em samting bilong kalabus. Taim yu brukim lo em bai yu baim o go kalabus na nogut em bai ol rausim yu long stap long Australia.

Long yu paitim ol femili o ol lain bilong yu long haus em bai yu inap kalabus ananit long lo. Sampela kain olsem:

- paitim narapela
- paitim narapela long sex
- pretim narapela long sefti bilong en
- bihainim oltaim
- stilim moni
- stilim o brukim samting bilong ol
- abrisim kot oda long no paitim narapela

Em bikipela samting bai yu mas save hut long lo, ol rait bilong yu na gutpela pasin long tokorait long sex na kros long kisim sex tu.



Bai mi mekim wanem sapos mi kisim trabel long marit?


Sapos yu (o narapela tu) em i stap nogut, o narapela manmeri i tok long pait long yu, o long bagarapim yu long taim bilong sex, yu abrisim dispela na go longwe long ol (sapos yu inap) na ringim ol polis o halpim namba 000 long fone.


Sapos narapela i save pait long yu olgeta taim, o yu save long narapela bai wokim olsem tu. Em bikipela samting bai yu mas painim halpim hariap. Toktok long wanpela yu save gut long en long tingim bai yu mekim wanem, em olsem wanpela pren, femili bilong yu, dokta bilong yu o wanpela inap halpim yu. Em bikipela samting bai ol yet inap mekim dispela, taim ol redi long mekim.

Sapos narapela i save gat domestic violence oda long yu, wanpela kot long Australia inap mekim oda long stopim ol lain laik paitim yu na long kam klostu long yu. Kain 'protection oda' i save tokaut long ol rul bai narapela mas bihainim, na bai brukim lo sapos no bihain ol lo o ol i tok bai ol i paitim yu o femili biong yu.


Wanem ol sapot sevis i stap?


Sapos yu bin gat domestic na femili violence pinis, na sapos yu save paitim man o meri bilong yu em bikipela samting bai yu mas save olsem sapot bilong yu i stap. I gat planti ol sevis long Australia bia halpim ol lain i kisim pinis na nau ol laik abrisim ol kain domestic na femili violence, na wanwan stet na territory i save gat kain sevis long dispela. Yu inap kisim halpim olsem long:

 **sefti na security bilong yu,**
bai yu ringim o go long polis station klostu

 **health na medical halpim,**
yu inap ringim ambulance o go lukim dokta

 **gutpela halpim taim yu gat trabel,**
givim gutpela spot long yu.

 **halpim long lo** inap halpim yu long save long ol rait bilong yu long lo

 **fone namba** long kisim halpim long ol wari long yu na givim sapot long dispela



- Long stap gutpela wantaim narapela yu mas gat respect na stap sef tu.
- Yu gat rait long gat respect na stap sef long stap wantaim narapela.
- Pasin long paitim narapela i no orait na nogut em kamap long domestic na femili violence o long sex tu.
- Sapos yu wari long tok-nogut na pait namel long yu na femili o pren bilong yu, bai yu inap ringim 1800RESPECT o 1800 737 732 o online chat.

I kam long: 1800RESPECT National Sexual Assault, Domestic Femili Violence Counselling Servicece

We long kisim halpim o toktok long wanpela



We long kisim halpim o toktok long wanpela

Sapos wanpela i paitim yu long kisim sex na yu laik mekim complaint, bai yu mas toktok long ol polis hariap tasol. Sapos yu no stap sef o em emergency ringim 000. Yu inap kisim halpim tu long sex assault sapot sevis, osem ringim 1800RESPECT o namba 1800 737 732.

Inap wanpela wokmanmeri long PALM i halpim mi?

Long stap gutpela long narapela kantri inap hat liklik tasol sampela sapot na samting long halpim yu i stap. Sapos yu gat sampela askim long sindaun gutpela long Australia, bai yu inap askim kampani yu wok long en. Sapos ol i no save, ol inap toksave long husat tru bai yu toktok long ol, osem sampela PALM wok halpim osem:



Country liaison officer (CLO) o ol labour attaché

Yu inap painim ol CLO fone namba long PALM website long <https://www.palmscheme.gov.au/contact>.



PALM sapot sevis lain long (1800 51 51 31), o email (palm@dewr.gov.au)

Lukim dispela sapot sevis lain na email inbox ol save sekim long 8:30 am inap 6:30 pm AEST – ol fone call long behind taim i mas long bikpela birua tasol.










Osem wanem bai mi kisim moa toksave o halpim long mi long ol save lain?








Sapos yu save long sampela lain i laik save moa long pasin sex, tok orait, paitim husat long laikim sex na long ol sevis bai inap long sapot helt na stap-orait bilong yu taim yu stap long Australia, bai yu inap long toktok wantaim ol sapot sevis lain raitim daunbilo hia. Ol dispela lain inap halpim yu o soim yu long wanem hap bai yu inap painim sevis inap halpim na yu inap toktok wantaim ol.

GUTPELA ASKIM NA SAPOT SEVIS LONG AUSTRALIA

SEVIS	EM MEKIM WANEM?	CONTACT INFORMATION
Ol emergency sevis	Tripela zero (000) em nambawan emergency sevis namba long Australia. Yu mas ringim 000 sapos yu nidim halpim haraiap long ol polis, faia o emergency sevis.	Fone: 000 olgeta hap long olgeta hap 24 haua/7 de
Ol polis na ambulance klostu long yu	Sapos dispela i no hariap tru, bai yu painim namba bilong ol polis, faia o ambulans lain klostu long yu.	Long painim ol polis klostu long yu, lukim 'Find my local police station in [your area]'

GUTPELA ASKIM NA SAPOT SEVIS LONG AUSTRALIA		
SEVIS	EM MEKIM WANEM?	CONTACT INFORMATION
Health Direct	Sapos yu laik painim wanpela dokta o narapela lain medical klostu long yu, go long Health Direct. Bai yu inap yusim sevis bilong ol long painim halpim klostu long yu.	 Ringim: 1800 022 222 long olgeta hap 24 haua/7 de  Web: https://www.healthdirect.gov.au/domestic-violence-and-abusive-relationships
1800RESPECT	Sapos yu laikim long toktok long wanpela professional counsellor long domestic na femili violence, ol dispela lain i save gat wanpela free confidential sapot line sevis. Yu inap go long web page bilong ol long painim ol sevis long halpim yu long ol toksave long ol gutpela relationship.	 Fone: 1800 737 732 long olgeta hap 24 haua/7 de  Web: https://www.1800respect.org.au/
Daisy fone app	Daisy em wanpela fone app bai halpim yu long painim ol sapot sevis long ples bilong yu. Em ol lain 1800RESPECT i wokim na em nogat baim long yu yusim na long download na i save gat ol sefti samting long lukautim privacy long taim yu yuism.	 Kisim long app stua bilong yu, o go long Daisy app. https://www.1800respect.org.au/daisy
MensLine Australia	MensLine Australia em I wanpela fone na internet sevis long halpim ol man I save gat wari long femili bilong ol.	 Fone: 1300 78 99 78  Web: https://mensline.org.au
Men's Referral Sevis	Dispela Mens Referral Service em i wanpela sevis long fone long toktok wantaim ol lain long femili violence, givim toksave na halpim long Australia husat ol No to Violence lain is save ronim na em nambawan hap long halpim ol men sapos ol i save kamapim pait wantaim ol femili. Na ol tu save halpim ol manmeri sapos ol laik halpim ol man bilong ol, ol pren o ol lain femili tu, na ol wanwok long wanem lain i laik halpim sampela man i wok wantaim ol.	 Fone: 1300 766 491 Olgeta de long wik 8am-9pm, ol weekend 9am-5pm.  Web: https://www.ntv.org.au

GUTPELA ASKIM NA SAPOT SEVIS LONG AUSTRALIA		
SEVIS	EM MEKIM WANEM?	CONTACT INFORMATION
Femili Violence Law Help	Femili Violence Law Help em wanpela wbsite long ol pipol i laik save long domestic na femili violence, ol lo bilong dispela na ples long painim halpim.	 Lukim long website, https://familyviolencelaw.gov.au , long painim moa toksave long ol: Domestic na femili violence Domestic Violence Orders Long kisim halpim
Femili Advocacy and Support Service (FASS)	Femili Advocacy na Support Service (FASS) em wanpela hap i gat ol lawyer na social wokmanmeri sevis long helpim ol lain we femili violence i kisim ol. Em Commonwealth i baim. Wanwan State na Territory long Australia i gat wanpela Femili Advocacy na Support Service (FASS). FASS i givim free legal advice na sapot long haus-kot long pipol ol domestic na femili violence i kamap ol.	 ACT: 1300 654 314 NSW: 1800 551 589 NT: 1800 019 343. QLD: 1300 267 762 SA: (08) 8111 5300. TAS: 1800 431 157 VIC: (03) 8373 7917 WA: 1300 650 579  Lukim long Femili Violence Law website long ol contact, ples ol stap na ol toksave long ol Femili Advocay na Saupport Service long olgeta state. https://familyviolencelaw.gov.au/fass/
eSafety Commissioner	eSafety save halpim ol lain long Asutralia long stretim ol bagarap save kisim ol long online abuse o ol nogut samting i stap online. Go long website long painim olsem wanem long reportim ol bagarapim manmeri long piksa nogut, long rausim ol samting, na report long ol polis, kain olsem.	 Go long website, https://www.esafety.gov.au/key-issues/image-based-abuse  Toksave pepa: Online sefti long ol papamama na lukaut lain

Mipela ol PALM scheme i bin careful tru long rediim dispela ol toksave, tasol mipela bai i no inap kisim responsibility, wantaim ol wokmanmeri, voluntee o partner long mipela, long wanem ol asua, lusim aut amting, samting i no stret long ol information long dispela factsheet. Information long dispela gactsheet mipekla i wokim long givim general information tasol. Em i no bilong kisim ples bilong legal o narapela professional advice. I nogat responsibility bai PALM o ol partner bilong em bai kisim long wanem kain samting bai kamap long husat i save yusim ol information i stap long dispela factsheet.

