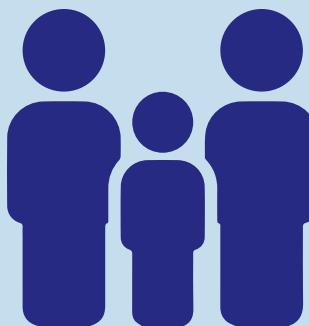


# Atai inaomatam ao katabeam: Kiriwen te mwenga ao te utu



Iai inaomatara ao katebeara ni kabane ao ti tangira reitaki ae e mano, e karinerine, ao e marurung. Iai inaomatara ni maeka n raroa ma te kiriwe n te mwenga ao te utu. I Aotiteria te kiriwe n te mwenga ao te utu e bon aki butimaeaki ao iai tuua aika a katania uaaka a rootaki n te kiriwe ao te bainikirinaki.

## KAUAREKEANA

- Ngaira ni bane iai inaomatataro n namakina te mano, te marurug ao te karineaki n ara waaki n reitaki.
- Kakiriwean te mwanga ao te utu bon aroaro n aekaia nako aika a karika te kakeru, a kakamaaku, ke a eena te waaki, ao aroaro aikai bon buure iaan te tua ao e kona ni karekea te tai ni karabutia.
- Ngkana ko a tia ni maiuakina kiriwen te mwenga ke te utu ko kona n reitaki ma bureitiman ke ni maroroo ma te tia rabakau temanna iaon 1800 737 732. Ngkana ko aki mano ke bon te kanganga ni katawe ae ko mena i nanona, tareboonia 000.

## Tera kiriween te mwenga ao te utu?

Te kiriwe n te mwenga ao te utu bon aeka kakiriwe nako ae e kakeru, e kakamaaku, ao e eena te maiu. A kona n riki itera aikai ba buure ni kaburebure ae e kona n reke iai te rin n te karabuti. N aron ae e ataaki, e riki te kiriwe n te mwenga ao te utu i nanon te utu ke te mwenga, ma e kona naba ni kaeinati nakon kaain te utu temanna ke toana ae e aki maeka n te auti ae ti teuana ma ngke. Iai rongorongo riki tabeua iaon aekan nako kiriwe n te mwenga ao te utu n te iteraniba 2.

## Antai ae e rootaki n te kiriwe n te mwenga ao te utu?

A kona n rootaki aomata nako ni kiriwen te mwenga ao te utu n aekan nako te reitakiaika iai Tiaki ti bu maane ma buia aine, ke ataeinimane ao raoia ataeinaine, e kona n riki te kiriwe ni kaaitaraia rao, ataei, ao kaain te utu riki tabeman ma rao. E kona n riki n reitaki aika ngkoa ke aika ngkai aika a rangin nim, ni ikotaki ma reitaki ike ko nanako ma temanna ke kam uaia ni maeka, i nanon ke i tinanikun te mwenga.

## TE KIRIWE N TE MWENGA AO TE UTU E KONA NI IAI I NANONA MA E AKI TIANAKI N:



### KIRIEN TE RABATA PHYSICAL KE TE BWAINATAEKAI

Makuri nako aika a karika te ikoaki ke te uruaki nakon te rabata ke te bwaibwai n aron te oro n te timoi, te orotaba, te toubeka, te kekebuti, koon roroa, te kare ke kabonganakin te bwai ni kaikoaki



### TE IOAWA N TAIN TE REITAKI NI BOTAKI

itera n reitaki nako aika a aki butimaeaki n aron makuri ni karao bure n aron te ririinga, te kaboria, te karao bure, te kabwainrang n tain te karao bure, kakamaaku ke waaningare, te rawa ni kabongana totokoan te bikoukou ao te karao bure ma te ataei



### AROARO NI KAN EENA TE WAAKI

Makuri nako n aron te ririmwi, tukan te roko iroun te utu ke raa, te mataukiroan te tabo ae ko mena iai, warekan kanoan am meeri ae bon ti nakoim, your personal text messages, te tutuki man kabonganakin te tareboon ke man reken te mane



### TE TAETAE TE TONGAKO

Aekan nako taetae n tinaraa aika a kabwainrang, ni karinanoa ake ni kamaaka te aomata n aron te kaenaena ni weteara aika a na kamangora ke ni kakamaaka te aomata i nanoaa ke i matan te botanaomata



### BAINIKIRINAN TE ATAEI

Makuri nako ni kaota nakon ke irakin karoan bwainikirinan, ao te karao bure, te aki mutiakiaki, te takuaki ao bwainikirinan ana kanamakin te ataei (temanna ae e mena ana ririki iaan te ririki ni kariaia iaan te tua)



### TABAREAN TE KANAMAKIN

Makuri nako aika a uaiakina taubeakinam, kakamaakam, eenakim, ke kaikoakam n te aro ba ko na aki butimaea ae bon arom, kamangoran onimakinam bon iroum ao, inaomatam, kabuaan am kanamakin or te kakamaakam nakon te bakabure suicide



### EENAKIN TE MANE ABUSE

Makuri nako aika a tiatiana, eena, ke ni kabongana buaka ana bariko ni kaubwai te aomata temanna n akea aia kariaia, ke n tuka temanna man ana makuri



### TE RABAKAU E ANGARAOA TE KTAUBEA

Makuri n aron tibaakin tamnei n akea te kariaia, rongorongo ni ioawa ke te tauaninne n tatareboon, akaunte iaon te media aika a kewe, ni kabwainranga iai ke ni uruana aron te aomata temanna ke kanakoan rogorongo aika a na karika te kanganga,



### IMAGE BASED ABUSE

Ngkana iai temanna ae e tibwai ke ni kaotia ba e na tibwai, tamnei aika a onoti nakon temanna n akea ana kariaia te aomata ae e oti n te tamnei anne – bon kaaitaran te tua



### TABAREAN TE ONIMAKI N TAMNEI/ TE KATEI SPIRITUAL ABUSE / CULTURAL ABUSE

kabonganakin reirein te aro ke katein ngkoa ba a na kariaiakaki waaki n aonikai akanne, n aron bwainikirinan karakin katei ke tukan te roko nakon waaki n taromauri, te aba ke te utu, a bon taraaki ba te aekan ioawa ae e bwainikirinaki iai te onimaki n tamnei ke te katei.

## Te kakiriwe ao te tua

Te tautaeka ni komaniwareta, te makoro ao aonon nako Aotiteria a tia ni karaoi aia waaki n totokoa te kakiriwe ao iai aia anga ni karao aika a tauia taan kakiriwe ba a na ira nanon te tua, ao ni katania naba aika a tia ni maiuakina te kakiriweaki n te mwenga.

Bon akea aaro ke bukin rikin te kakiriwe ba e na butimaeaki, e ngae ngkana iai ae e taku ba e a tia ni karaoaki ae aki riai nakoina. Karaoan te makuri ni kakiriwe nakon temanna riki te aomata bon te bure iaan te tua i Aotiteria ao bon te **bure ni kaburebure** naba A kona ni katuaeaki buure ni kaburebure n te katuaa n aron te tuua te mane ke te tai n te karabuti ao e kona naba n roota am kona n tiku i Aotiteria.

A taraaki naba kakiriwe n te mwenga ao te utu ba **buure ni kabure** ao a riai ngkanne ni katuaeaki iaan te tua. Ibuakon aikai bon

- te kakiriwe
- te tautau ma te matoa
- kakamaaku nakon maurin temanna
- te ririmui
- tabarean te mane
- te kimoa ke uruakan te bwaibwai
- uruakan oota ni katantan.

E kakawaki ba ko na ata taekan te tua, inaomatam ao katabeam n reitaki ma taekan te kariaia ao tabareakin inaomatam.



## Tera ae I kona ni karaoia ngkana i mena i nanon te reitaki ae e kiriwe?

Ngkana ko mena ngke (ke te aomata riki temanna) i nanon te kanganga, ke ngkana ko a tia ni kakamaakaki, e kaikoakaki rabatam ko tauaki ma te matoa, kataniko ni birinako man arom anne (ngkana ko kona) ao tareboonia bureitiman ke tenua te akea (000).

ngkana ko taku ba ko mena i nanon te reitaki ae e kiriwe, ke ko ata temanna ae arona aio, e kakawaki ba ko na kakaea buokam n te tai ae e waekoa. Maroro ma temanna ae ko onimakinna ae e kona ni buokiko ni bairea te bwai ae ko riai ni karaoia imuina, ae tao raoraom, kaain am utu, am taokita ke am tia ibuobuoki E rangin kakawaki ba ana boutokaki aomata ba a na bon karaoa aia baire ngkana a tauraoi.

Ngkana iai ae e a tia ni kabongana te kiriwe n te mwenga ke te utu ni kaaitaroko iai, e kona te kabowi teuana i Aotiteria ni kanakoa ana oota n tuka te tia ioawa ba e na aki roko iroum. Te 'oota ni kamanoman' anne e katei kaetieti aika a riai n iraki nanoia iroun te aomata are temanna, ao e bure iaan te tua te aomata anne ba e na urui kaetieti akanne ke ni kabonganai ke ni kakamaakuko ba e na kakiriwea te mwenga ke te utu ni kaaitaroko iai.

## Tieweti ni boutoka ra aika iai?

Ngkana ko a tia ni maiuakina te kakiriweaki n te mwenga ke n te utu, ke ko bon iowawa nakon toam, ao e kakawaki ataakin ae iai te buoka ae e kona n reke nakoim. A maiti aekan tieweti i Aotiteria aika a katauraoa te boutoka nakoia aomata aika a maiuakina ke a tabe ni kitana te kakiriwe n te mwenga ke n te utu, ao a uaia makoro ma aono n anga aekan tieweti aika a kakaokoro Ko kona ni iangoa te boutoka ibukin:

- manom ao maurim,**  
Ko kona n tarebon ke ni bon kawara te tabo ni bureitiman n am tabo
- te kuakua ao te ibuobuoki ni bwainaoraki,**  
you can call an ambulance or see your doctor
- tieweti ae e mwatai ibukin boutokan te kanganga ae e korakora**  
ni kairiko ao n aganiko te boutaka n taeka ni ibuobuoki
- te ibuobuoki iaon taekan te tua e kona ni buoka am atatai iaon taekan te tua ao inaomatam iaan te tua**
- rain ni ibuobuoki iaon marurungin te iango ni karikirakea te marurung ao anga te boutoka n taeka n rabakau**



- A moanaki reitaki aika marurung man kanamakinan te karimeaki ao te mano.
- Iai inaomatam ni karineaki ao ni kamanoaki n am reitaki ni kabane.
- Te aroaro n reitaki ae e ioawa e bon aki kona ni butimaeaki ao e kona n riki ba te kiriwe n te mwenga ao te utu te kiriwe ke{ te kakiriwe n tai te botaki.
- Ngkana ko tabeaianga n taekan nakobuakan te kiriwe kete aroaro ni ioawa ni kabanei am reitaki, ko kona n reitaki ma 1800RESPECT iaon 1800 737 732 ke rinanon te onraaine chatt.

Rongorongo man: 1800RESPECT Te ioawa ni Karao Bure n te Aba, Utun te Mwenga Te Tieweti ni Ibuobuki iaon te Kakiriwe Te Tieweti ni Ibuobuoki

## Karekea buokam ke te reitaki ma temanna



### Karekea buokam ke te reitaki ma temanna

Ngkana ko a tia n tauaki ma te matoa, ao ko kan tabeka tangim, ko riai moa n ribooti nakoia bureitiman n te tae ae ko kona ni karaoria iai. Ngkana ko na kabuanibwai ke bon te katewe, tarebonia 000. Ko kona naba ni karekea te buoka man te tieweti ni boutoka iaon te tautau ma te matoa, n aron te 1800RESPECT iaon 1800 737 732.

## E kona ni buokai temanna kaain te tikiim ae te PALM?

E kona ni kanganga kangaraoan ma iai te boutoka ao bwaai ni makuri aika a kona ni buokiko. Ngkana iai am titiraki iaon kangaraoan maium ma te maiu i Aotiteria, ko kona n titirakina am tia kamakur. Ngkana a aki ata te kaeka, ao a kona n tuangko ba antai ae ko kona n reitaki ma gaia, n aron waaki ni boutoka tabeua te tikiim ae te PALM n aron:



### Ana aobitia n reitaki te aba (CLO) ke ana taan tei te reiba

Ko kona ni kunea taekan te reitaki ma taian CLO aika ngkai iaon ana uebetiaite te PALM ae (<https://www.palmscheme.gov.au/contact>).



karekea ana taieweti ni boutoka te PALM support iaon te numba (1800 51 51 31), ke te emeeri ([palm@dewr.gov.au](mailto:palm@dewr.gov.au))

Taiaoka ataia ba a tuoaki tieweti ni boutoka n te tareboon ao te emeeri, ba a tuoaki emeeri man 8.30 am-6.30 pm AEST – ao tareboon imuin awa ni makuri ti ibukin itera aika a rangin kakaiaki.

## N na kanga ni karekei reitan riki rongorongo ke te buoka ae e onoti ma ni mwatai?



If you or someone you know wants to find out more information about domestic and family violence while in Australia, you can contact the following information and support services in the table below. A kona ni buokiko botaki aikai ke ni kotea te tabo teuana ae ko kona ni kunea te tieweti ae e kaeineti ma kainnanom ao e kona n reke iroum.

BOTON RINANIN TIEWETI NI BOUTOKA I AOTITERIA		
TIEWETI	TERA AE E KARAOIA?	RONGORONGON TE REITAKI
Tieweti ni katawe	Tenua te akea (000) bon ana tieweti namba ni katawe Aotiteria. Ko riaiY n tareboonia 000 ngkana ko kainnanaoa te buoka ae e tawe mairovia bureitiman, te mentenanti, te tiri ai ke te tieweti n amburanti tieweti.	Tareboon: 000 Te aba ni kabutaa, 24/7
Bureitimanin te kaawa ke te tieweti n amburanti	Ngkana e aki katawe tabeakinan te bae e riki ko riai ni kakaea nambanaoa tabo bureitiman n am tabo, te toro ao ke te tieweti n amburanti.	Ngkana ko kan kakaea aia tabo bureitiman n am tabo, kakaea 'Find my local police station in [your area]'.

BOTON RINANIN TIEWETI NI BOUTOKA I AOTITERIA		
TIEWETI	TERA AE E KARAOIA?	RONGORONGON TE REITAKI
Kuakua Tawe	Ngkana ko kan kakaea te taokita ke taan mwaatai iaon taekan te kuakua riki tabeman i rarikin am tabo, kawara Health Direct aika a kaan irarikim Ko kona ni kabongana aia tieweti ni kakaea buokam irouia aika a rangin kaan ma ngkoe.	 Tareboonia: 1800 022 222 Te aba ni kabutaa, 24/7  Te uebe: <a href="https://www.healthdirect.gov.au/domestic-violence-and-abusive-relationships">https://www.healthdirect.gov.au/domestic-violence-and-abusive-relationships</a>
1800RESPECT	Ngkana ko kainnanoa te <b>taetae nakon te tia rabakau n anga taeka n ibuobuoki</b> , iaon taekan te kakiriwe n te mwenga ao n te utu ke te karao bure ni ioawa, ao iai ana tieweti te botaki aio ae te tareboon ae e mano ae akea boona. Ko kona naba ni kawara iteranibaan aia uebetiaite ni kakaea te tieweti ae ko na buokaki iai n ikotaki ma te <b>rongorongo</b> iaon waaki n reitaki aika a tamaroa.	 Tareboon 1800 737 732 Te aba ni kabutaa, 24/7  Te uebe: <a href="https://www.1800respect.org.au/">https://www.1800respect.org.au/</a>
Daisy tareboon app	Daisy bon te app ae e anga te rongorongo iaon taekan te tieweti ni boutoka n am tabo. E karikirakeaki iroun1800RESPECT ao kaea boon kabonganakina ao n kaewea rikaaki ma kanoana aika a tuka te rin nakon am kombiuta ao ni kawakina naba am kombiuta n tararuua aron kabonganakina irouia aomata.	 Kaewea rikaaki man am titoa n app ngkana ko nako iai ke nakon Daisy ao kawea rikaaki man am titoa n app: <a href="https://www.1800respect.org.au/daisy">https://www.1800respect.org.au/daisy</a>
Te MensLine Aotiteria	MensLine Aotiteria bon te tareboon ao te buoka iaon te aonraain taekan rabakau ae te tieweti ibukia maane ma aia utu ao kangaanga iaon te reitaki imareaiia.	 Tareboon: 1300 78 99 78  Te uebe: <a href="https://mensline.org.au">https://mensline.org.au</a>
Aia Tania n Tieweti Maane	Aia Tania n Tieweti maane bon te tieweti n tareboon ao taeka n rabakau ibukia kaan aia utu maane aika a kaaitara ma te kiriwe ao bon te tieweti iaon te rongorongo ae e waaki iaon Aotiteria ao ni kabutaki iroun te rabata ae 'Akea te kakiriwe' ao bon te tabo n reitaki irouia maane aika a kariaia bukinia ibukin anuaia ae te kakakiriwe. A katauraoa naba te boutoka ao tania n rongorongo ibukia aine ao maane aika a kakaea te rongorongo ibukia toaia aika maane, raoroia ke kaain aia utu, ao rinania taan makuri n rabata ni makuri tabeua aika a kakaea buokaia ibukia aia aomata aika mane.	 Tareboon: 1300 766 491 Bongin wiiki 8am-9pm, ni katoa wikente 9am-5pm)  Te uebe: <a href="https://www.ntv.org.au">https://www.ntv.org.au</a>

## BOTON RINANIN TIEWETI NI BOUTOKA I AOTITERIA

TIEWETI	TERA AE E KARAOIA?	RONGORONGON TE REITAKI
Te Kiriwe n te Utu Te buoka te tua	Te Kiriwe n te Utu Te Buoka te Tua Law Help bon ana uebetiaite te aba ibukia aomata aika a kan ota iaon taekan te mwenga ao te utu te kiriwe, te tua ao te tabo ni karekea te buoka.	 Nakon aia uebetiaite, <a href="https://familyviolencelaw.gov.au">https://familyviolencelaw.gov.au</a> , Ibukin reitan te rongorongo iaon atu ni iago n aron: <u>Te kiriwe n te mwenga ao te utu</u> <u>Oota iaon te Kiriwe n te Mwenga</u> <u>Aron karekean te buoka</u>
Family Advocacy and Support Te (FASS) Tieweti	<p>Te Tieweti ni Katanoatakin ao Boutokan te Utu ke te (FASS) bon te tieweti n rooia ao aia botaki taan makuri aika a botaki ibukia aika a rootaki n te kakiriwe n te utu E manenaki iroun te Komoniwereta.</p> <p>A toa makoron ao aanon nako Aotiteria ma aia rabata ae te (FASS) n araia ae te Tieweti ('FASS'). FASS e ikoti taekan te tua ao te boutoka n te kabowi ibukia aomata aika a rootaki ni kiriwen te mwenga ao te utu.</p>	 ACT: 1300 654 314 NSW: 1800 551 589 NT: 1800 019 343. QLD: 1300 267 762 SA: (08) 8111 5300. TAS: 1800 431 157 VIC: (03) 8373 7917 WA: 1300 650 579
Te eSafety Kamitina	E buokiia kaain Autoteria te eSafety ni katok ao n tabeakini kanganga aika a riki man te kabongana buaka te onraain ke kanoa aika a tabuaki ke aika a aki riai ni kaotaki onraain. Nakon aia uebetiaite ni kakaea aron ribootinakin tibakin tamnei aika a aki riai n noraki, kamaunakin te tamnei, ribootina taekana nakoia bureitiman ao aomata riki tabeman.	 Nakon te uebetiaite ae Tuan te Kiriwe n te Utu i bukin te reitaki ae e banin, te tabo ao taekan taian tieweti ibukin Katanoatakin ao Boutokan te Utu ni katoa makoro. <a href="https://familyviolencelaw.gov.au/fass/">https://familyviolencelaw.gov.au/fass/</a>

E ngae n tia ni bainaki te tararua ae e raoiroi ibukin katauraoan te kanoa aio, bon akea te bukinaki ae e kariaiakaki iroun te tikiim ae te PALM, ana taan makuri, taan anganano, ke toana, ibukin te kaairua, te mwaninga, te aki eti, aika a kaeineti ma te beebe ni koaua aio ke ibukin te bua ke te uruaki ae a na kaoti nakon te aomata ae e onimakina te rongorongo i nanon te beebe ni koaua aio. Te rongorongo ae e katauraoaki i nanon te beebe ni koaua aio e a tia ni katauraoaki ba e na anga ti rongorongo aika a tabangaki. Tiaki te kantanninga ba e na onimakinai ke n riki ba onean muin taekan rabakau iaon te tua ke iaon itera ni mwaatai riki tabeua. Bon akea te bukinaki ae e tauraoi ni butimaeaki iroun te tikiim ae te PALM ke toana nako ibuki baika a riki mai iai aika a ataaki aika a kona n riki man onimakinan taian rongorongo aika a katauraoaki te tye beebe ni koaua aio.

